

EUROPEAN
CURRICULUM VITAE
FORMAT



PERSONAL INFORMATION

Name **BERNASCONI STEFANO**
Address [REDACTED]
Telephone [REDACTED]
Fax
E-mail **bernasconistefano@yahoo.it**

Nationality **italian**

Date of birth **05/07/71**

WORK EXPERIENCE

- Dates (from – to)
 - FROM 03/10/2017 TO 28/02/2018 MEDICAL ASSISTANT IN ORTHOPAEDIC AN TRAUMATOLOGY UNIT. SARONNO HOSPITAL. ASST VALLE OLONA**
 - FROM 01/01/2004 TO 02/10/2016 MEDICAL ASSISTANT IN ORTHOPAEDIC AND TRAUMATOLOGY UNIT. LEGNANO HOSPITAL**
 - FROM 01/11/2003 TO 31/12/2003 MEDICAL ASSISTANT IN ORTHOPAEDIC SURGERY UNIT FOR HIP SURGERY**
 - HUMANITAS CLINICAL INSTITUTE MILAN**
 - FROM 01/05/2003 TO 31/10/2003 MEDICAL ASSISTANT IN ORTHOPAEDIC UNIT IN LANZO HOSPITAL.**
- Name and address of employer
 - Istituto Clinico Villa Aprica . Via Castelcarnasino 10 Como**
- Type of business or sector
 - Hospital**
- Occupation or position held
 - Medical Assitant**
- Main activities and responsibilities
 - Surgery, Outpatient, Emergency**

EDUCATION AND TRAINING

- Dates (from – to)
 - Specialization School In Orthopaedic and Traumatology Surgery in Ferrara University from 1997 to 2003**
 - Graduation in Medicine and Surgery in Milan University from 1990 to 1996**
- Name and type of organisation providing education and training
 - Orthopaedic Surgery**
- Principal subjects/occupational skills covered
 - Specialist**
- Title of qualification awarded
- Level in national classification (if appropriate)

**PERSONAL SKILLS
AND COMPETENCES**

*Acquired in the course of life and career
but not necessarily covered by formal
certificates and diplomas.*

MOTHER TONGUE

italian

OTHER LANGUAGES

english

- Reading skills
- Writing skills
- Verbal skills

Good
Good
good

SOCIAL SKILLS

AND COMPETENCES

*Living and working with other people, in
multicultural environments, in positions
where communication is important and
situations where teamwork is essential
(for example culture and sports), etc.*

Attitude to learn new scientific knowledge and team working

ORGANISATIONAL SKILLS

AND COMPETENCES

*Coordination and administration of
people, projects and budgets; at work, in
voluntary work (for example culture and
sports) and at home, etc.*

[COORDINATION IN TEAM WORKING

TECHNICAL SKILLS

AND COMPETENCES

*With computers, specific kinds of
equipment, machinery, etc.*

Surgery of the Knee and traumatologic Surgery.
Metabolic bone deseas

ARTISTIC SKILLS

AND COMPETENCES

Music, writing, design, etc.

Music and sports

OTHER SKILLS

AND COMPETENCES

Competences not mentioned above.

DRIVING LICENCE(S)

yes

ADDITIONAL INFORMATION

PREVIOUS EXPERIENCE IN CLINICAL TRIALS AS SUBINVESTIGATOR AND PRINCIPAL INVESTIGATOR. I PARTICIPATED AT SEVERAL INVESTIGATION MEETING

-Principal Investigator Direct Study EudraCT nr. 2008-000846-30
Open label, randomised, controlled, parallel group study for the evaluation of safety and efficacy of Diclofenac HPBCD 75 mg ampoules s.c in comparison with Diclofenac HPBCD 75 mg ampoules i.m. and voltaren 75 mg ampoules i.m. in the treatment of acute moderate to severe pain following minor Orthopaedic surgery”.

-Principal Investigator Clinical Study EudraCT nr 2011-003051, Z190M01 “Valutazione della velocità di azione di Ibuprofene Arginina rispetto a Ibuprofene nell’alleviare il dolore acuto dopo chirurgia artroscopia ortopedica miniminvasiva del ginocchio in pazienti adulti”.

-Principal Investigator Clinical Study: “Multicentre, randomized, double-blind, placebo-controlled clinical trial to evaluate the short term efficacy and safety of two different regimes of Betamethasone Valerate 2,25 mg medicated plaster in patient with chronic tendinopathies of the upper and lower limbs”. Codice n 12I-BMT08. Eudract 2012-005030-

Coordinating Investigator Clinical Study: “Multicentre, prospective, double-blind, in parallel groups, randomized, placebo-controlled clinical trial to evaluate the short-term efficacy and safety of Betamethasone valerate 2.25 mg medicated plaster in patients with chronic lateral epicondylitis (tennis elbow)”. Codice 14I-BMT09 Eudract 2014-004119-35

- Coordinating Investigator Clinical Study. “ Efficacy and Safety of two treatment regimens (one or two intra-articular injection) of a fixed combination of Hylaaluronic Acid, Chondroitin-Sulfate and Hydroxypropyl beta-Cyclodextrin for osteoarthritis of the knee. Randomized, parallel group, multi-center prospective study. Cip CODE. APH-VIJHCC-01-2019

ANNEXES

Scientific publication list

Pubblicazioni Scientifiche edite a stampa:

1-Holmium:YAG laser nelle meniscectomie artroscopiche. D Clementi, S. Bernasconi, M. Valadè, B Arosio. Med. Sport 1998;51:401-404

2-La Burner Syndrome nello Sport. D. Clementi, S. Bernasconi. Med. Sport 1997; 50:417-420

3-Surgical treatment of calcaneal fractures with the new TRA.MA ® multiholes plate: long term results according with the Gait Analysis. A Gildone, R Ferrante, M Manfredini, S Bernasconi, L Massari. Hepato-Gastroenterology 2000, 47 supplement I;11. 13 th National Congress Italian Society of Polispécialists.

4-Unicondylar femoral fractures: therapeutics strategy and long-term results. A review of 23 patients. M Manfredini, A Gildone, R Ferrante, S Bernasconi, L Massari.. Acta Orth Bel 67; 2-2001 132-138

5-Trattamento chirurgico delle fratture intraarticolari di calcagno con la nuova placca multiformi Tra.MA ®: risultati in relazione all'analisi del passo. A Gildone, S Bernasconi, M Manfredini, R Ferrante, L Massari. Chir. Organi Mov. LXXXVII, 179-188, 2002

6-Linee guida per la appropriata prescrizione di indagini radio-diagnostiche nella patologia osteoarticolare di più frequente osservazione. Azienda Osp. Ospedale Civile di Legnano, Az Osp. G.Salvini di Garbagnate e ASL Provincia di Milano 1. 2006 A. Bergamo Andreis, S.Bernasconi, F. Caimi, T.Caldarulo, L Camerra, S. Caruso, F. Cosignani, G. Della Vedova, D. Latella, D. Malnis, A. Morabito, M. Preziosa, M. Scalpellini, G. Silvestre, C. Tognato.

7-Subcutaneous Injection of Diclofenac for the Treatment of Pain Following Minor Orthopaedic Surgery (DIRECT Study): A Randomized Trial. E Chiarello MD, S Bernasconi MD, B Gugliotta PharmD, S Giannini MD. Pain Practice 2013. doi10.1111/papr12140

8-Efficacy of betamethasone valerate medicated plaster on painful chronic elbow tendinopathy: a double-blind, randomized, placebo-controlled trial. A Frizziero, A Causero, S Bernasconi, R Papalia, M Longo, V Sessa, F Sadile, P Greco, U Tarantino, S Masiero, S Rovati, V Frangione. Muscle, Ligaments and Tendons Journal 2016;6 (1): 131-139

9-Short-Term Efficacy and Safety of Betametasone Valerate 2.25 mg Medicated Plaster in Patients with Chronic lateral Epicondylitis: Results of a Randomized, Double Blind, Placebo-controlled Study. S.Bernasconi, A Causero, G Giaffreda, R Papalia, G Caruso, g Bonanno, F Sadile, G Fraschini, M Fortina, A Frizziero, N Chiarelli, V Salini, U Tarantino, N Voglino, A Castagna, FA Grassi, S Rovati, V Frangione. Muscle Ligaments and Tendons Journal 2019;9 (4):590-599

Rho, 30 novembre 2021